



Waxing Treatment

After Care Instructions

It is crucial to the health of your skin and the success of your waxing treatment that these guidelines be followed:

For the first 48 hours after waxing avoid:

- You may gently wash your skin after waxing but do not scrub or exfoliate the skin.
- Washcloths or other face cloths, loofahs or body scrubs that would cause extra irritation.
- Hot showers, saunas, steam rooms and chlorinated water.
- Heavy exercise and sweating.
- Deodorants, talc, body sprays or perfume.
- Tight fitting clothes.
- Retinols alpha-hydroxy acids (AHA's) or bleaching creams.
- Sun exposure including tanning beds.
- No sexual activity (bikini wax only).
- Touching waxed areas with dirty hands.

Specific Instructions:

It is imperative that you use a mild sunscreen with an SPF of at least 30 and avoid any direct and indirect sunlight for at least 1 – 2 days. Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure as they may be more sensitive following waxing.

Use only the recommended moisturizers listed below for the first 48 hours after waxing.

Ingrown Hairs:

These happen when new hair can not break through the surface of the skin and goes back into the pore instead, usually resulting in a spot. A few days after your appointment, gently exfoliate the skin 2-3 times a week using a body exfoliation product or exfoliating mitt. Moisturizing the area every day, will help keep the skin supple and help new hairs to break through.

General Information:

Minor soreness, red bumps and redness are common, normal reactions and usually subside in 48 hours. If you should experience persistent irritation remains, please call us at 561-748-1565 so that we may assist you. If you have any further questions about your waxing treatment please contact us.

Recommended Product Usage:

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| q Ormedic Cleanser | q Ormedic Repair Cream | q Total Hyaluronic Acid |
| q Vital C Cleanser | q Vital C Cream | q Ormedic Balancing Serum |
| q Revale Cleanser | q Revale Day/Night Cream | q Revale Intensive |
| q Ormedic Lip Complex | q Solar Defense Organic / Gel spf 30 | |
| q Body Exfoliation Scrub | q Body Bronzing Cream | |

Other:

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