



## **Kim Edward Koger, M.D.**

### **Pre-Procedure Care Instructions: Permanent Make-up**

#### **For Eyebrows, Eyeliner, Lip Liner and/or Full Lip Color**

- All permanent cosmetic procedures are multi-session processes. You are required to come back for at least one touch-up before it can be determined that your work is complete. Touch-up visits are scheduled from four to eight week intervals.
- Be prepared for the color intensity of the procedure to be significantly larger, brighter or darker than what is expected for the final outcome. It will take time to see the final results, based on how quickly the outer layer of your skin exfoliates.
- While these injected tones may initially simulate the exact color and tone desired, it will not always remain a perfect match. Injected tones are constant, while your skin tones will vary depending on exposure to cold, heat, sun and circulatory changes. For example, if you tan your skin and had a scar camouflaged, your surrounding skin will be darker in appearance than the treated area.
- Since delicate skin or sensitive skin areas may swell slightly or redden, some clients feel it best not to make any social plans for a day or two following any procedure.
- Wear your normal make-up and bring your lip or brow pencils to the office the day of the procedure.
- Any tweezing or waxing should be done at least 48 hours prior to the procedure; electrolysis no less than 5 days before. Do not resume any method of hair removal for at least two weeks.
- Any eyelash or eyebrow tinting or eyelash curling should be done no sooner than 48 hours before or two weeks after the procedure.

• **DO NOT WEAR CONTACT LENSES DURING OR IMMEDIATELY FOLLOWING THE EYELINER PROCEDURE. REMEMBER TO BRING YOUR GLASSES.**

- You may resume wearing your contact lenses as soon as your eyes return to their pre-treated condition.
- If you are having a lip procedure and you have a history of cold sore/fever blisters/herpes simplex, you will be required to start taking prescription cold sore medication (such as Valtrex) 2 days prior to treatment. Please obtain this medication from your physician or let us know and Dr. Koger can prescribe this for you.

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