



Microdermabrasion

Pre Treatment Instructions

It is crucial to the health of your skin and the success of your microdermabrasion that these guidelines be followed:

Microdermabrasion is a superficial treatment designed to improve the texture and appearance of the skin.

Patients should NOT be treated with the following:

- Active cold sores or warts
- Open wounds or lesions
- Sunburn
- Excessively sensitive skin
- Dermatitis, Psoriasis or Eczema
- Inflammatory rosacea
- Untreated skin cancer
- Recent surgery in treatment area
- Recent permanent makeup in treatment area
- Rashes, allergies or sensitive skin reactions
- Accutane use in the past 12 months
- Radiation or chemotherapy in the past 12 months
- Pregnant or breastfeeding

2 weeks before your microdermabrasion avoid:

- Electrolysis, waxing, depilatory creams
- Laser or IPL treatments
- Chemical peel or microdermabrasion treatments
- Retin-A, Renova, Differin, Tazorac
- Products containing, Retinol, AHA, BHA or Benzoyl Peroxide

- Exfoliating products that may be drying or irritating
- Sun exposure or sunburn

If you have any history of Herpes Simplex, notify the aesthetician BEFORE receiving microdermabrasion.

If you have any questions regarding preparation for your microdermabrasion please call us at 561-748-1565.

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