



Chemical Peel

Pre Treatment Instructions

It is crucial to the health of your skin and the success of your peel that these guidelines be followed:

Chemical peels are a superficial treatment designed to improve the texture and appearance of the skin.

Patients should NOT be treated with the following:

- Active cold sores or warts
- Open wounds or lesions
- Sunburn
- Excessively sensitive skin
- Dermatitis, Psoriasis or Eczema
- Inflammatory rosacea
- Untreated skin cancer
- Recent surgery in peel area
- Recent permanent makeup in peel area
- Rashes, allergies or sensitive skin reactions
- Allergic to chemical peel components or salicylates (aspirin)
- Accutane use in the past 12 months
- Radiation or chemotherapy in the past 12 months
- Pregnant or breastfeeding

2 weeks before your peel avoid:

- Electrolysis, waxing, depilatory creams
- Laser or IPL treatments
- Chemical peel or microdermabrasion treatments
- Retin-A, Renova, Differin, Tazorac

- Products containing, Retinol, AHA, BHA or Benzoyl Peroxide
- Exfoliating products that may be drying or irritating
- Sun exposure or sunburn

If you have any history of Herpes Simplex, notify the aesthetician BEFORE receiving a chemical peel.

If you have any questions regarding preparation for a chemical peel please call us at 561-748-1565.

4600 Military Trail, Suite 202 Jupiter Florida 33458
Phone (561) 748-1565 Fax (561) 748-1568